Details of the empirical research base for individual psychotherapy

This engagement of pure psychology with the details of the quantitative justification for individual practice is based on the following. The following two tables provide the details of the 186 papers mentioned in the overview paper.

<table>
<thead>
<tr>
<th>Axis I disorder</th>
<th>Emerging consensus about effective therapy to date.</th>
</tr>
</thead>
<tbody>
<tr>
<td>Paranoid schizophrenia</td>
<td>-</td>
</tr>
<tr>
<td>Bipolar</td>
<td>-</td>
</tr>
<tr>
<td>Cyclothymia</td>
<td>-</td>
</tr>
<tr>
<td>Dissociative identity</td>
<td>-</td>
</tr>
<tr>
<td>Sexual aversion</td>
<td>-</td>
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</tbody>
</table>

Axis II “personality disorders”
<table>
<thead>
<tr>
<th>Condition</th>
<th>Characteristics</th>
<th>References</th>
</tr>
</thead>
<tbody>
<tr>
<td>Paranoid</td>
<td>-</td>
<td></td>
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<tr>
<td>Schizoid</td>
<td>-</td>
<td></td>
</tr>
<tr>
<td>Schizotypal</td>
<td>-</td>
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<tr>
<td>Antisocial</td>
<td>-</td>
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<tr>
<td>Borderline</td>
<td>Dialectical - Linehan et al 1991, 1993</td>
<td></td>
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<tr>
<td>Histrionic</td>
<td>-</td>
<td></td>
</tr>
<tr>
<td>Narcissistic</td>
<td>-</td>
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<tr>
<td>Avoidant</td>
<td>Social skills - Stravinski et al 1982, 1994</td>
<td></td>
</tr>
<tr>
<td>Obsessive compulsive</td>
<td>-</td>
<td></td>
</tr>
</tbody>
</table>

**References**


comparison of psychopharmacological, cognitive-behavioral, and combination treatments. *Journal of Nervous and Mental Disease*, 185, 510-516.


